

Beauty

Courses in Beauty, Hairdressing, Health and Massage will be run at Kingsland Skills and Enterprise Centre, Parkside Drive in Houghton Regis. For first attendance you need only bring a pen and paper. Most courses now require an external exam. Throughout the year, we will run short professional courses in Beauty, Hairdressing, Health & Massage.

For further information, please contact the Hair, Beauty & Holistic Therapy Department on 01582 864876.

VTCT Diploma Beauty Specialist Techniques (fast track)

Level 2



You will cover cosmetic make-up, manicure and pedicure, waxing depilation and facials, lash treatments and skin tanning. It is ideal if you wish to enter employment in the field of beauty therapy. You do not need any formal qualifications or prior experience to take the course, but you will need an interview and need to be over the age of 19 as the course is aimed at mature students. You will need to purchase a professional kit and uniform. Further details and order forms will be given to you at the first class. VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Mon	24/09/07	0930-1700	30	£379	£175	26155 D17KA
Sat	29/09/07	0930-1700	30	£379	£175	26155 D17KB

VTCT Certificate Cosmetic Make-up and Beauty Consultancy

Level 2



You will cover the practical and theoretical application of make-up, including eye treatments eg: eyelash tinting, eyebrow shaping, application of false lashes and eyelash perming. You do not need any formal qualifications or prior experience to take the course. You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This module forms part of the Beauty Specialist Diploma.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Thu	27/09/07	1800-2130	15	£195	£90	26156 E07KA
Thu	21/02/08	1800-2130	15	£195	£90	26156 E07KB

This course is also available at the Learning Warehouse Leighton - Linslade. See pages 107-112.

VTCT Certificate Waxing (Depilation)

Level 2



You will learn the application of both hot and warm wax, covering the practical and theoretical knowledge of waxing depilation. You do not need any formal qualifications or prior experience to take the course. You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This module forms part of the Beauty Specialist Diploma.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Tue	25/09/07	1800-2130	15	£195	£90	26157 E07KA
Tue	19/02/08	1800-2130	15	£195	£90	26157 E07KB

Beauty

VTCT Certificate Facial Massage and Skin Care

Level 2



You will cover facial massage techniques, masks, skin care and relevant employment standards. You do not need any formal qualifications or prior experience to take the course.

You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class. VTCT registration fee £15.

This module forms part of the Beauty Specialist Diploma.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Tue	25/09/07	1800-2130	15	£195	£90	26140 E07KA
Tue	19/02/08	1800-2130	15	£195	£90	26140 E07KB

This course is also available at the Learning Warehouse Leighton - Linslade. See pages 107-112.

VTCT Certificate Nail Treatments - Manicure and Pedicure

Level 2



This course provides the practical and theoretical knowledge of manicures and pedicures, to enable you to apply techniques effectively and safely. No formal qualifications are required or prior experience needed for entry onto this course.

You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This module forms part of the Beauty Specialist Diploma.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Tue	25/09/07	1800-2130	15	£195	£90	26141 E07KA
Tue	19/02/08	1800-2130	15	£195	£90	26141 E07KB

VTCT Certificate Nail Treatments - Nail Art

Level 2



You will cover a variety of decorative techniques for natural or nail extensions on this professional course. You will need the VTCT Certificate in Manicure and Pedicure or equivalent to take the course. You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Mon	24/09/07	1800-2130	10	£135	£61	26142 E07KA
Mon	07/01/08	1800-2130	10	£135	£61	26142 E07KB



Enrol by post or in person



Interview required, please complete Application Form on page 115.

Beauty

VTCT Certificate Nail Treatments - Nail Technology

Level 2



If you have a recognised qualification in manicure and pedicure, this course will let you advance your skills in nail extensions and repairs. You will also cover the health and safety requirements of using chemicals. To take the course, you will need the VTCT Certificate in Manicure and Pedicure or equivalent.

You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Mon	24/09/07	1800-2130	15	£195	£90	26143 E07KA
Mon	18/02/08	1800-2100	15	£195	£90	26143 E07KB

VTCT Diploma Anatomy and Physiology

Level 3



You will gain theoretical knowledge and understanding of Anatomy and Physiology, to enable you to progress onto further studies eg: Body Massage, Reflexology and Health and Fitness. You do not need any formal qualifications or prior experience to take the course.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Wed	26/09/07	1800-2130	15	£195	£90	26144 E07KA
Wed	20/02/08	1800-2130	15	£195	£90	26144 E07KB

VTCT Diploma Beauty Specialist Techniques (Fast Track)

Level 3



This is an ideal course if you wish to progress further from the Level 2 Beauty Specialist Techniques. You will study body massage, facial electrical treatments, body electrical treatments, figure analysis and anatomy and physiology. To take this course you will need to have the VTCT Level 2 Beauty Specialist Certificate or equivalent.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Mon	24/09/07	0930-1700	30	£445	£200	26145 D17KA



Enrol by post or in person



Interview required, please complete Application Form on page 115.

Beauty / Holistic Therapies

VTCT Diploma Indian Head Massage

Level 3



You will learn the practical and theoretical aspects of Indian Head Massage. The course covers massage techniques, client care and the anatomy and physiology of the head, neck, shoulders, face and arms. You will need the VTCT Level 3 Diploma Anatomy and Physiology or equivalent to take this course.

You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Tue	25/09/07	1800-2130	15	£195	£90	26146 E07KA
Tue	19/02/08	1800-2130	15	£195	£90	26146 E07KB

VTCT Certificate Swedish Body Massage

Level 3



You will learn the theoretical and practical aspects of Swedish massage to enable you to apply the techniques effectively and safely. When you successfully complete the course, you can progress onto Aromatherapy, Body Massage and Sports Massage courses. You will need the VTCT Level 3 Diploma Anatomy and Physiology or equivalent to take the course. You will need to purchase a professional kit and uniform. Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Wed	26/09/07	1800-2130	15	£195	£90	26147 E07KA
Wed	20/02/08	1800-2130	15	£195	£90	26147 E07KB

VTCT Certificate Aromatherapy Massage

Level 3



You will gain practical knowledge of aromatherapy, covering a range of topics including the history of aromatherapy and the background theory and its practical uses. A wide range of oils will be used. To take the course you will need the VTCT Level 3 Diploma Anatomy and Physiology and the Swedish Body Massage Certificate, or equivalent. You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Wed	26/09/07	1800-2130	15	£195	£90	26148 E07KA
Wed	20/02/08	1800-2130	15	£195	£90	26148 E07KB



Enrol by post or in person



Interview required, please complete Application Form on page 115.

Beauty / Holistic Therapies

VTCT Certificate Reflexology Techniques

Level 3



You will gain theoretical and practical knowledge of reflexology.

This is a specific holistic treatment used on hands and feet. To take the course you need the VTCT Level 3 Diploma Anatomy and Physiology or equivalent. You will need to purchase a professional kit and uniform.

Further details and order forms will be given to you at the first class.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Thu	27/09/07	1800-2130	15	£195	£90	26149 E07KA
Thu	21/02/08	1800-2130	15	£195	£90	26149 E07KB

VTCT Diploma in Body Massage (Advanced Body Massage)

Level 3



This diploma requires a more in-depth knowledge of anatomy and physiology and includes the use of Swedish, Shiatsu and Acupressure techniques for relaxation, lymphatic drainage, posture improvement and stress relief.

This course follows on from the VTCT Level 3 Certificate in Body Massage (see page 38). You will learn how to inform your clients about body massage and how to assess them for treatment. You will consolidate your prior knowledge and develop concepts and theories on the use of massage to enable you to adapt your techniques for each treatment. You will also gain knowledge about relaxation techniques to suggest and demonstrate to your clients and learn about the importance of aftercare advice. Included in this course is the interpersonal skills module where you will learn how to deal with different clients and the importance of body language. This qualification requires case studies and you will be required to complete written assignments, a portfolio and carry out on-going assessments to qualify.

To take this course, you will require either the Level 3 Certificate in Body Massage/Swedish Massage or the Level 3 Certificate in Holistic Therapies. All candidates should also have proof of passing the M2/M74 (Health, safety, security and employment standards) exam and a current first aid certificate.

VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Mon	24/09/07	1800-2130	15	£195	£90	26150 E07KA
Mon	18/02/08	1800-2130	15	£195	£90	26150 E07KB



Enrol by post or in person



Interview required, please complete Application Form on page 115.

Beauty / Holistic Therapies

VTCT Diploma in Aromatherapy (Advanced Aromatherapy)

Level 3



This is a more in-depth course to follow on from the VTCT Level 3 Certificate in Aromatherapy Massage (see page 38). You will learn how to inform your clients about aromatherapy and how to assess them for treatment. You will consolidate your prior knowledge and develop concepts and theories on the use of aromatherapy blends for treatments for massage and other methods such as compresses, inhalations etc. Additional massage methods such as neuromuscular techniques, lymphatic drainage and pressure movements will be studied and you will also gain knowledge about relaxation techniques to suggest and demonstrate to your clients and learn about the importance of aftercare advice.

This qualification requires at least 40 case studies and knowledge of the therapeutic properties of at least 40 essential oils and 8 carrier oils. You will be required to complete written assignments, a portfolio and carry out on-going assessments to qualify.

To take the course, you will require either the Level 3 Certificate in Aromatherapy Massage or the Level 3 Certificate in Holistic Therapies. All candidates should also have proof of passing the M2/M74 (Health, safety, security and employment standards) exam. VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Sat	29/09/07	0930-1300	15	£195	£90	26151 D07KA
Sat	23/02/08	0930-1300	15	£195	£90	26151 D07KB

Cosmetic Skin Tanning



NEW

This course involves the method of application of cream-based cosmetic skin tanning products for the whole body. This is a safer alternative to UV skin tanning. You will practice the application of the products and the theoretical knowledge. You do not require any prior knowledge, although a beauty qualification would be an advantage. There may be an additional cost for products.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Wed	31/10/07	1830-2130	4	£75	N/A	26159 E07KA
Wed	20/02/08	1830-2130	4	£75	N/A	26159 E07KB

Ear Piercing



NEW

This course involves the practical and theoretical knowledge required for the safe piercing of the ear lobes (not cartilage). You will study the relevant legislation and Health and Safety required for this treatment along with the structure of the ear. You do not require any prior knowledge, although a beauty qualification would be an advantage. You will be required to purchase the College uniform and a kit.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Thu	01/11/07	1830-2130	4	£75	£38	26160 E07KA
Thu	21/02/08	1830-2130	4	£75	£38	26160 E07KB



Enrol by post or in person



Interview required, please complete Application Form on page 115.

Beauty / Holistic Therapies / Hairdressing

Electrolysis



NEW

This course involves the practical and theoretical knowledge required for the removal of unwanted hairs by the process of epilation. You will study the skin structure, hair structure, Health & Safety along with the relevant legislation. You must have a Level 2 Beauty qualification. You will be required to purchase a College uniform and a kit.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Wed	26/09/07	1800-2130	15	£195	N/A	26161 E07KA
Wed	20/02/08	1800-2130	15	£195	N/A	26161 E07KB

VTCT Diploma in Reflexology (Advanced Reflexology)

Level 3



Reflexology is an holistic treatment based on the belief that the body is dependent on energy flows which can be improved through specific massage of feet, hands and ears. This treatment is mainly used for relaxation, stress relief, alleviation of minor symptoms to assist life changes and to stimulate the systems of the body. It is often used in palliative care of the terminally ill.

This is a more in-depth course to follow on from the VTCT Level 3 Certificate in Reflexology (see page 39). You will learn how to inform your clients about reflexology and how to assess them for treatment. You will consolidate your prior knowledge and develop concepts and theories on the use of reflexology for individual ailments and systems of the body. You will also gain knowledge about relaxation techniques to suggest and demonstrate to your clients and learn about the importance of aftercare advice.

This qualification requires at least 40 case studies, which should include a series of treatments on at least two conditions considered to be a life change and two minor ailments. You will be required to complete written assignments, a portfolio and carry out on-going assessments to qualify.

To take the course, you will require either the Level 3 Certificate in Reflexology Techniques or the Level 3 Certificate in Holistic Therapies. All candidates should also have proof of passing the M2/M74 (Health, safety, security and employment standards) exam. VTCT registration fee £15.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Sat	29/09/07	0930-1300	15	£195	£90	26152 D07KA
Sat	23/02/08	0930-1300	15	£195	£90	26152 D07KB

NVQ Hairdressing

Levels 1 & 2



This is a two-year part-time course that leads to a qualification in hairdressing. All applicants will be invited to an interview. To complete the course, you must attend college two evenings and one Saturday per week. You will cover Shampooing, Conditioning, Health & Safety, Cutting, Colouring, Perming, Setting and Completion Techniques. You do not need any formal qualifications, but all students must have a keen interest in hairdressing. You will need to purchase a professional kit and uniform - further details will be given to you on interview.

Note: Enrolment charges apply to each year.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Year 1 of 2 - Level 1						
Tue, Thu & Sat	25/09/07	1830-2130 0930-1630	30	£450	£200	26153 E17KA
Year 2 of 2 - Level 2						
Tue, Thu & Sat	25/09/07	1830-2130 0930-1630	30	£450	£200	26153 E27KA

Hairdressing

VTCT Diploma in Long Hair Design

Level 3



NEW

This course offers an opportunity to hairdressers with prior experience to gain a qualification in long hair design. Classical, Bridal and Avant Garde styles will be produced along with a portfolio of evidence. Candidates must hold a Level 2 qualification.

VTCT registration £15.00.

All applicants will be interviewed.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Mon	24/09/07	1830-2130	10	£135	N/A	26162 E07KA
Mon	07/01/08	1830-2130	10	£135	N/A	26162 E07KB
Mon	14/04/08	1830-2130	10	£135	N/A	26162 E07KC

VTCT Diploma in Hair Colouring

Level 3



NEW

This course allows hairdressers with a Level 2 qualification to gain a colour unit of achievement at the advanced Level 3. Candidates will be required to demonstrate both Colour and Colour Correction techniques.

VTCT registration £15.00.

All applicants will be interviewed.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Tue	25/09/07	1830-2130	10	£135	N/A	26163 E07KA
Tue	08/01/08	1830-2130	10	£135	N/A	26163 E07KB
Tue	15/04/08	1830-2130	10	£135	N/A	26163 E07KC

VTCT Certificate in Men's Hair Styling

Level 3



NEW

Candidates must have a Level 2 qualification to be able to progress and gain this certificate in Men's Styling. You will be required to demonstrate Advanced Barbering/Cutting techniques.

VTCT Registration £15.00.

All applicants will be interviewed.

This course takes place at Kingsland Skills and Enterprise Centre, Houghton Regis.

DAY	DATE	TIME	WEEKS	FEE	DISCOUNTED FEE	CODE
Wed	26/09/07	1830-2130	10	£135	N/A	26164 E07KA
Wed	09/01/08	1830-2130	10	£135	N/A	26164 E07KB
Wed	16/04/08	1830-2130	10	£135	N/A	26164 E07KC



Enrol by post or in person



Interview required, please complete Application Form on page 115.