

# Beauty Therapy, Holistic Therapies and Hairdressing

Beauty Therapy, Holistic Therapies and Hairdressing courses take place in our fully-equipped specialist salons. The salons are open to the public for a comprehensive range of treatments.

Hair Salon  
Dunstable College  
**Tel: 01582 678710**

Hair and Beauty Salon  
Kingsland Skills and  
Enterprise Centre,  
Houghton Regis  
**Tel: 01582 864876**



"I chose Dunstable College because it was local and has a good range of courses.

I really enjoyed training for and passing the Level 2 Diploma in Beauty and I am now studying Level 3 Holistic Therapies. I love to study."

Leigh Brooke  
Student, Level 3 Diploma in  
Holistic Therapies

## 26101 07 City and Guilds Beauty Therapy

Level 2

This is a one year course which teaches students the skills required either to continue their studies or for employment in salons.

### Course Duration

One year

### Course Content

Students will study:

- Health & Safety
- Salon Reception
- Promote Products and Services to Clients
- Develop and Maintain Effectiveness at Work
- Anatomy and Physiology
- Facials
- Make-up and False Lashes
- Lash and Brow Tinting
- Eyebrow Shaping
- Eyelash Perming
- Waxing
- Manicure
- Pedicure.

Students will work with clients in the College beauty salons.

Students are required to purchase a kit and uniform. Details of this will be discussed at interview.

### Key Skills

All students aged 16-18 are required to complete the three Key Skills Units in Communication, Application of Number and Information Technology.

### Qualifications/experience needed to join the course

There are two NVQ Level 2 Beauty Therapy courses running:

1. 16 -18 year olds  
Applicants require 3 GCSEs at Grade C or above. At the interview, applicants need to demonstrate a strong interest in the subject and the ability to cope with coursework.  
All students will be invited to attend a College interview.

2. 19 + mature students  
Applicants need no specific entry requirements apart from a strong interest in the subject.  
All students will be invited to attend a College interview.

Both these courses will run at different times, the mature students' course being timetabled to fit in with childcare commitments.

### Study Centre

Kingsland Skills and Enterprise Centre, Houghton Regis.

### After the course is finished

On successful completion, students can progress to the NVQ Level 3 Beauty Therapy course.

## 26102 07 City and Guilds Beauty Therapy

Level 3

This course is of one year's duration and covers the more detailed and specialist beauty techniques, and takes candidates on from the skills learnt on NVQ Level 2 Beauty Therapy.  
This course will help you gain employment in the beauty industry.

### Course Duration

One year

### Course Content

Students will study:

- Health and Safety
- Salon Reception
- Promote Products and Services to Clients
- Develop and Maintain Effectiveness at Work
- Anatomy and Physiology
- Figure Diagnosis
- Body Massage
- Facial Electrics
- Epilation
- Advanced Nails.

Students will work with clients in the College beauty salons.

Students are required to purchase a kit and uniform. Details of this will be discussed at interview.

### Key Skills

All students aged 16-18 are required to complete the three Key Skills Units in Communication, Application of Number and Information Technology.

### Qualifications/experience needed to join the course

There are two NVQ Level 3 Beauty Therapy courses running:

1. 16 -18 year olds  
Students must have NVQ Level 2 Beauty Therapy qualification or equivalent.  
All students will be invited to attend a College interview.
2. 19 + mature students  
Students must have NVQ Level 2 Beauty Therapy qualification or equivalent.  
All students will be invited to attend a College interview.

Both these courses will run at different times, the mature students' course being timetabled to fit in with childcare commitments.

### Study Centre

Kingsland Skills and Enterprise Centre, Houghton Regis.

### After the course is finished

On successful completion of Level 3, students can progress on to employment in beauty salons, health farms, health clinics, hospitals, cruise liners, hotels or as beauty consultants with cosmetic companies or even teaching in further education.



# Beauty Therapy, Holistic Therapies and Hairdressing

## 26103 07 VTCT Diploma in Theatrical and Media Make-Up

Level 3

This course is designed to focus on the skills and techniques used in theatrical and media make-up.

**Course Duration**  
One year

### Course Content

This is a comprehensive diploma covering the use of make-up for theatrical, photographic, film, television and display purposes.

This will include the study of:

- Preparing for and providing character make-up
- Providing and removing special effects and media make-up

- Health and Safety in the workplace
- Professionalism.

**Note:** Students will need to purchase a uniform and additional equipment to enable practical study; details of this will be discussed at the interview.

### Key Skills

All students aged 16-18 are required to complete the three Key Skills Units in Communication, Application of Number and Information Technology.

### Qualifications/experience needed to join the course

There are no specific entry requirements needed to join the course, however all

applicants will be invited to attend a College interview.  
A standard make-up qualification would be an advantage.

### Study Centre

Kingsland Skills and Enterprise Centre, Houghton Regis.

### After the course is finished

On successful completion of this qualification, students can progress to employment within the specialised beauty industry, theatre, television and films, or on to higher education or qualifications including prosthetics and wig-making.

## 26107 07 City and Guilds in Hairdressing

26108 07

Level 1

Level 2

This course is designed to give theory and practical aspects of the skills needed in hairdressing.

### Course Duration

Level 1: One year  
Level 2: One year

### Course Content

Students will study the theory and practical aspects of the following:

- Shampooing
- Cutting
- Blow Drying/Setting
- Colouring
- Perming
- Health & Safety.

Students will work with clients in the College salons which are fully operational and will take part in work experience. Students will participate in regional and national competitions and benefit from professional guest presentations and seminars.

**Note:** Students will be required to purchase a uniform and additional equipment to enable practical study; details of this will be discussed at the interview.

### Key Skills

All students aged 16-18 are required to complete the three Key Skills Units in Communication, Application of Number and Information Technology.

### Qualifications/experience needed to join the course

There are no formal qualifications required but students who are 16-18 years old will require references/school report. All students must have a keen interest in hairdressing. All applicants will be invited to attend an interview.

### Study Centre

Kingsland Skills and Enterprise Centre, Houghton Regis.

### After the course is finished

On successful completion of Level 2, students can progress to Level 3 or employment in hair salons, health farms, cruise liners or set up their own business.

## 26105 07 VTCT in Spa Therapy **NEW**

Level 3

This course gives a focus on the skills and techniques used in spa therapy. This includes the set up and shut down of spa facilities including a study of water temperature.

### Course Duration

One year

### Course Content

Students will study the theory and practical aspects of the following:

- Health, Safety, Security and Employment Standards
- Customer Services and Product Sales
- Contribute to the Financial Effectiveness of the Business

- Provide Head and Body Massage Treatments
- Set up, Monitor, and Shut down
- Water Temperature and Spa Facilities
- Provide Specialist Spa Treatments
- Provide Indian Head Massage
- Provide Massage using Pre-Blended Aromatherapy Oils.

Students will work with clients in the College beauty salons.

Students are required to purchase a kit and uniform. Details of this will be discussed at interview.

### Qualifications/experience needed to join the course

This course is for age 19+ mature students. There are no specific requirements, however all applicants will be invited to attend an interview.

### Study Centre

Kingsland Skills and Enterprise Centre, Houghton Regis.

### After the course is finished

This course can lead to employment in spas at home and abroad, cruise ships, health clinics and other beauty/spa organisations or could help someone set up their own business.

# Beauty Therapy, Holistic Therapies and Hairdressing

26106 07 VTCT Diploma in Holistic Therapies

Level 3

This course is designed to give theory and practical aspects of the skills needed in holistics.

## Course Duration

One year

## Course Content

Students will study the theory and practical aspects of the following:

- Anatomy & Physiology
- Body Massage
- Aromatherapy
- Reflexology
- Holistic Facials
- Nutrition
- First Aid
- Interpersonal Skills
- Reception Duties
- Health & Safety in the Workplace
- Indian Head Massage.

Students will work with clients in the College clinic and have the opportunity to attend professional seminars.

**Note:** Students will be required to purchase a uniform and additional equipment to enable practical study; details of this will be discussed at the interview.

## Key Skills

All students aged 16-18 are required to complete the three Key Skills Units in Communication, Application of Number and Information Technology.

## Qualifications/experience needed to join the course

This course is designed for mature students and has no specific entry requirements. All applicants will be invited to attend a College interview.

## Study Centre

Kingsland Skills and Enterprise Centre, Houghton Regis.

## After the course is finished

On successful completion of this course, students can continue their studies with additional courses e.g. Indian Head Massage, Aromatherapy for Carers. This qualification can also lead to employment in holistic clinics, beauty salons, health farms, alternative therapy practices or students may wish to set up their own businesses.

